



CALENDAR 2026



1

JANUARY

CANSA SunSmart Awareness campaign

Subject to
change

FEBRUARY

National Department of Health (NDoH) Healthy Lifestyle Awareness*

4	World Cancer Day (United by Unique)
5-6	CANSA Active @ Aquelle Midmar Mile Charity Challenge
15	International Childhood Cancer Day
28 Feb – 1 March	CANSA Shavathon at certain Shopping Centres (*limited venues on 1 March) **



MARCH

CANSA Cervical Cancer Awareness campaign

1	CANSA Active @ Absa Run Your City Gqeberha 10K
4	International Human Papillomavirus (HPV) Awareness Day
8	CANSA Active @ Cape Town Cycle Tour (Expo: 5-7 March)
15-22	CANSA Active @ Absa Cape Epic
16	World Social Work Day
21	Human Rights Day – CANSA Advocacy



Be Courageous!

****CANSA Shavathon**
available through-
out the year, enquire
at local Care Centre



cansa.org.za



Toll free 0800 22 66 22



info@cansa.org.za

English, Afrikaans, isiXhosa,
isiZulu, siSwati, seSotho



WhatsApp (text only)

072 197 9305

English, Afrikaans

071 867 3530

isiXhosa, isiZulu, siSwati, seSotho



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APRIL – CANSA Balanced Lifestyle campaign

1st week	Adolescent and Young Adult Cancer Awareness Week
7	World Health Day
13-14	CANSA Active @ Two Oceans Marathon

MAY – CANSA No-Tobacco campaign

1	Workers' Day – CANSA Advocacy
8	World Ovarian Cancer Day
10	CANSA Active @ Absa Run Your City Cape Town 10K
12	World Nurses Day
23	World Melanoma Day
23-24	CANSA Active @ Sanlam Cape Town Marathon
31	World No Tobacco Day

JUNE – NDoH Men's Health Awareness

2	International Cancer Survivors Month
14	CANSA Active @ Comrades Marathon
14	World Blood Donor Day
16	Youth Day



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JULY

1st week	Corporate Wellness Week
12	CANSA Active @ Absa Run Your City Durban 10K
18	Nelson Mandela International Day
25	CANSA Volunteers Day

AUGUST – Women's Month

1	World Lung Cancer Day
9	Women's Day
23	CANSA Active @ Absa Run Your City Tshwane 10K

SEPTEMBER – Childhood Cancer Awareness month

15	World Lymphoma Awareness Day
24	World Cancer Research Day
24	CANSA Active @ Absa Run Your City Joburg 10K
tbc	Global Week for Action on NCDs*

*Non-Communicable Diseases

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OCTOBER

CANSA Breast Cancer Awareness (Women's Health) campaign
Mental Health Month

6	World Ostomy Day
12	World Hospice and Palliative Care Day
13	International Metastatic Breast Cancer Day
15-19	National Nutrition Week National Obesity Week
tbc	CANSA Annual General Meeting

CANSA High Tea events | Breast Cancer Awareness Walks

NOVEMBER

CANSA Men's Health Awareness | IARC* Lung Cancer Awareness month

17	Anniversary of WHO** 'Eliminate Cervical Cancer' campaign
23	Holland Daredevil Run
18-24	World Antimicrobial Resistance (AMR) Awareness Week
19	International Men's Day

DECEMBER – CANSA SunSmart Awareness

1	World AIDS Day
1	Giving Tuesday
5	International Volunteers Day



*International Agency for
Research on Cancer
**World Health Organization

