

THE TOP 5 CANCERS AFFECTING MEN IN SA

#4 Non-Hodgkin's Lymphoma



Non-Hodgkin's lymphoma is cancer of the lymphoid tissue, which includes the lymph nodes, spleen, and other organs of the immune system.

SCREENING

- A doctor will perform a physical exam and check body areas with lymph nodes to feel if they are swollen.
- Biopsy of suspected tissue, usually a lymph node biopsy
- Bone marrow biopsy

TREATMENT & PROGNOSIS

- Treatment depends on the type of cancer, its location and how advanced it is
- Options involve radiation, chemotherapy, drugs or a combination



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SYMPTOMS

- Night sweats
- Fever and chills
- Itching
- Swollen lymph nodes in neck, underarms, groin, or other areas
- Weight loss
- Coughing or shortness of breath if the cancer affects the thymus gland or lymph nodes in the chest
- Abdominal pain or swelling, which may lead to loss of appetite, constipation, nausea, and vomiting
- If the cancer affects cells in the brain, the person may have a headache, concentration problems, personality changes, or seizures

RISK FACTORS

- More common in older people
- More common in men
- Family history
- Patients with diseases/conditions affecting the immune system (HIV+/AIDS and organ transplant recipients) may be at higher risk
- Autoimmune Disorders
- Overexposure to industrial and agricultural chemicals



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