



CANSA NEEDS YOUR Support

CANSA needs your support to help adults and children with cancer in need.

CANSA Food Packs offer all of the basic non-perishable items that are nutrient dense that can feed not only a cancer patient, but their loved ones through this difficult time. Poverty is a reality for many, and we need your help to feed cancer patients and their families while they are on treatment.

Many cancer patients are unable to continue working while on treatment and this affects not only themselves, but their families that depend on them.



**Spread
THE WORD**

to your family members,
friends and local
businesses

Help us give our cancer patients their dignity back by sponsoring a CANSA Food Pack.

You can donate the following:

PRODUCT LIST:

- Long life milk
- Soya mince/chunks
- Maize meal
- Rice
- Pasta
- Oats
- Peanut butter
- Sugar
- Salt
- Milk powder
- Lentils
- Dried beans
- Pilchards
- Raisins
- Weetbix
- Oil
- Rooibos tea

KIDS

- Jelly
- Custard powder
- Morvite/Future Life

BE A PART OF THE FIGHT AGAINST CANCER

CANSA Food Packs can be dropped off at any CANSA Care Centre around the country



Research • Educate • Support



Toll-free 0800 22 66 22
www.cansa.org.za