

I AM AWARE  
OF THE  
DANGERS  
AND I WILL  
AVOID  
ALCOHOL,  
TOBACCO,  
SUNBEDS AND  
LIMIT MY SUN  
EXPOSURE

#WorldCancerDay  
#IAmAndIWill

#WorldCancerDay #IAmAndIWill

Join us on 4 February  
[worldcancerday.org](http://worldcancerday.org)  
[www.cansa.org.za](http://www.cansa.org.za)

