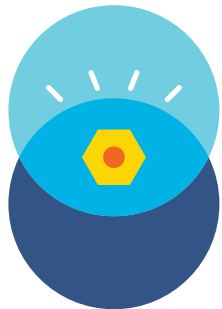


GET THE TRUTH ABOUT CANCER


Myth 02

There are no signs or symptoms of cancer



Truth: For many cancers, there are warning signs and symptoms and the benefits of early detection are indisputable

Recognise signs and symptoms - It's important for individuals, communities, health professionals and policy makers to be aware of, and educated in recognising the general signs and symptoms for cancer



Research • Educate • Support

Emotional support & friendship

Accommodation for parents/guardians at CANSAs TLC Nicus Lodge in Pretoria & live-in facilities at the TLC Paediatric Oncology ward in Polokwane

Prosthetic support

Skills training & development

Support to siblings & parents of children affected by cancer as well as children affected by the cancer of a parent/guardian

Awareness of childhood cancers & early detection

WARNING SIGNS FOR ADULT CANCER

Change in a wart or a mole

Any continued fever

Nagging cough or continued hoarseness

Chronic pain in bones or any other area of the body

Enduring fatigue, nausea or vomiting

Repeated infection and/or inflammation

Change in bowel or bladder habits

A sore that does not heal

Unusual discharge or abnormal bleeding

Thickening or lump in the breast, testicles or elsewhere

Indigestion or difficulty in swallowing

Obvious change in the size, colour, shape or thickness of a wart, mole or mouth sore

Noticeable weight loss and loss of appetite

These symptoms may be caused by another health problem but if one or more of these symptoms persist, consult your doctor without delay

WARNING SIGNS FOR CHILDHOOD CANCER

Under 15 years

Continued, unexplained weight loss

Headaches, often with vomiting - early night/early morning

Increased swelling or pain in bones, joints, back, legs

Lump/mass in abdomen, neck, chest, pelvis, armpits

Development of excessive bruising, bleeding, rash

Constant infections

A whitish colour behind the pupil
Nausea which persists or vomiting without nausea

Constant tiredness or noticeable paleness
Eye or vision changes - occur suddenly and persists

Recurrent fevers of unknown origin

Should you have any concerns about your child showing symptoms, seek medical help immediately. Children with cancer need to receive the right treatment, preferably in a paediatric oncology unit

A gold ribbon represents all childhood cancers

